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	Tuesday 8 August	Wednesday 9 August	Thursday 10 August	Friday 11 August
Aquatics	9.45am - 11.30am:	9.45am-12.00pm	9.45am-12.00pm	9.45am-12.00pm
Ponds Forge International Sports Centre, Sheaf Street, Sheffield, S1 2BP (S1 1AA when using Sat-nav systems)	Classification	2.15pm-5.00pm	2.15pm-5.00pm	2.15pm-4.00pm
Athletics	10.15am-12.00pm:	2.30pm-5.00pm	2.30pm-5.00pm	11.30am-2.30pm
Sheffield Hallam University City Athletics Centre, Stadium Way, Sheffield, South Yorkshire, S9 3HL	Classification	6.00pm-8.30pm	6.00pm-8.30pm	3.00pm-4.30pm
Badminton	9.30am-12.00pm: Classification	9.30am-12.30pm	9.30am-12.30pm	9.30am-12.30pm
English Institute of Sport Sheffield, Coleridge Road, Sheffield, S9 5DA		1.00pm-6.00pm	1.00pm-5.00pm	1.00pm-3.00pm
Basketball	10.00am-12.30pm:	10.00am-12.00pm	10.00am-1.00pm	10.00am-12.00pm
All Saints Sports Centre, 95 Norfolk Park Road, Sheffield, S2 2RU	Classification	12.00pm-1.00pm: Classification	1.00pm-4.00pm	1.00pm-4.00pm
Boccia	9.00am-1.00pm	9.00am-1.00pm	9.00am-6.00pm	9.00am-3.00pm
Ponds Forge International Sports Centre, Sheaf Street, Sheffield, S1 2BP (S1 1AA when using Sat-nav systems)		2.00pm-6.00pm		
Bowls (Indoor) Doncaster Indoor Bowls Centre, Urban Road, Doncaster, DN4 0EP	10.00am-12.00pm: Practice	10.00am-5.40pm	10.00am-4.50pm	10.00am-2.20pm



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Bowls (Short Mat Carpet) Graves Health and Sports Centre, Bochum Parkway, Sheffield, S8 8JR	8.30am-1.00pm: Practice	9.00am-12.00pm: 1.00pm-5.30pm:	9.00am-12.00pm: 1.00pm-5.30pm:	9.00am-12.00pm 1.30pm-2.15pm
Cycling Forge Valley Community School, Forge Valley Sports Centre, Wood Lane, Sheffield, S6 5HG	10.11am: Classification 11.11am: Classification	9.45am-11.30am 1.31pm-2.01pm 2.30pm-3.50pm	9.45am-11.30am 1.31pm-1.51pm 2.15pm-3.50pm 4.00pm-4.40pm	9.45am-11.15am 11.31am-12.01pm 12.51pm-2.11pm
Equestrian Parklands Equestrian Centre, Worksop Rd, Aston, Sheffield, S26 2AD	9.30am-12.00pm: Horse Matching	9.30am-12.00pm: Practice 1.00pm-3.00pm: Practice 3.30pm-6.00pm	9.30am-5.00pm	9.30am-3.00pm
Activity Festival English Institute of Sport Sheffield, Coleridge Road, Sheffield, S9 5DA		12.00pm-5.00pm: Walk in Festival		
Football Sheffield Hallam University Sports Park, Bawtry Road, Sheffield, S9 1UA	9.00am-12.00pm: Classification	11.00am-7.00pm	11.00am-7.00pm	9.00am-4.00pm



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Golf Rother Valley Golf Centre, Mansfield Road, Wales Bar, Sheffield, S26 5PQ		10.00am-12.00am: Practice 10.30am-3.30pm	10.00am-3.30pm	10.30am-3.30pm
Gymnastics (Artistic) Ice Sheffield, Coleridge Road, Sheffield, S9 5DA		9.00am-10.30am: Podium Training 10.30am-12.00pm: Podium Training 12.00pm-1.30pm: Podium Training 3.00pm-7.30pm: Classification	10.00am-1.30pm 3.30pm-7.00pm: Classification	10.00am-1.00pm
Gymnastics (Rhythmic) English Institute of Sport Sheffield, Coleridge Road, Sheffield, S9 5DA		5.45pm-7.45pm: Podium Training	1.30pm-5.30pm	10.00am-2.00pm
Judo English Institute of Sport Sheffield, Coleridge Road, Sheffield, S9 5DA	10.30am-12.30pm: Classification	10.00am-12.30pm 1.30pm-4.00pm	10.00am-12.30pm: Training 1.30pm-4.00pm: Skill Based Team Event	10.00am-12.30pm: Skill Based Team Event continued (if required)
MATP English Institute of Sport Sheffield, Coleridge Road, Sheffield, S9 5DA	10.15am-1.15pm: Come & Try	10.00am-1.00pm: Challenge Event		



	Tuesday	Wednesday	Thursday	Friday 11
	8 August	9 August	10 August	August
Netball		2.45pm-3.30pm	5.30pm-6.15pm	
All Saints Sports Centre, 95 Norfolk Park Road, Shoffield, 52 2011		4.15pm-5.00pm	6.45pm-7.15pm	
Sheffield, S2 2RU		5.30pm-6.15pm	8.00pm-8.45pm: Team Challenge	
Powerlifting			11.00am-12.30pm	
Forge Valley Community School, Forge Valley Sports Centre, Wood Lane, Sheffield, S6 5HG			1.15pm-4.00pm	
Sailing		12.00pm-12.20pm: Classification	10.00am-11.00am	10.00am-11.00am
Pugney's Watersports Centre & Country Park, Asdale Road, off Denby		12.40pm-1.00pm:	11.30am-12.30pm	11.30am-12.30pm
Dale Road, Wakefield, WF2 7BN		Classification	2.00pm-3.00pm	1.30pm-2.15pm
		2.20pm-2.40pm: Classification	3.30pm-4.30pm	2.30pm-3.15pm
		3.00pm-3.20pm: Classification		
		3.40pm-4.00pm: Classification		
		4.20pm-4.40pm: Classification		
Table Tennis	9.00am-12.00pm: Classification	9.00am-12.30pm	9.00am-12.30 pm	9.00am-12.30pm
English Institute of Sport Sheffield, Coleridge Road, Sheffield, S9 5DA	Classification	1.00pm-4.00pm	1.30pm-4.00pm	



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Ten Pin Bowling	9.10am-12.00pm	10.10am-1.10pm	10.10am-1.10pm	10.10am-2.00pm
Hollywood Bowl, Valley Centertainment, Sheffield Leisure Park, Broughton Lane, Sheffield, S9 2EP		1.50pm-6.00pm	1.50pm-6.00pm	
Tennis	9.00am-1.00pm	9.00am-6.00pm	9.00am-6.00pm	9.00am-3.00pm
Graves Health and Sports Centre, Bochum Parkway, Sheffield, S8 8JR				
Young Athletes		9.30am-10.00am:		
English Institute of Sport Sheffield, Coleridge Road, Sheffield, S9 5DA		Session 1 10.15am-10.45am: Session 2		